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Your essential daily news | wednesday, march 15, 2017

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Premier: 'Stop standing by

IMMIGRATION

Pallister tells feds border-crossers are straining resources

The war of words between Manitoba and the federal government escalated Tuesday as Premier Brian Pallister urged federal Public Safety Minister Ralph Goodale to see for himself how asylum-seekers are straining provincial resources.

"Mr. Goodale needs to get closer to the people who are providing the services and he'll understand how overstretched they are," Pallister said.

"We're asking for the federal government to stop standing by while Manitobans do all the work.'

Pallister's comments came shortly after Goodale said the federal government is monitoring the growing number of refugee claimants who are crossing the border from the United States.

The community of Emerson has been one of the hot spots and Pallister has asked for more money to help pay for housing, language training, legal aid and other services.

Goodale said immigration is a joint

federal-provincial responsibility, and many of the people crossing into Manitoba soon leave for other parts of the

"It would appear that a great many are not remaining in Manitoba and, in fact, are moving to other locations," he said at an event in Regina. "So the pressures in terms of housing and other accommodation would actually fall in other communities.

"But we're following all of this very carefully to be sure that we've got what we need to have to cope with this efficiently and safely."

More than 200 people have walked across open fields and through ditches near Emerson since Jan. 1. Many of those making the journey are originally from African nations and fear deportation from the United States under toughened immigration laws.

They cross fields and ditches instead of at official border posts because of the Canada-U.S. Safe Third Country agreement. Under the agreement, people who have made refugee claims first in the U.S. are turned back at official Canadian entry points, but it does not apply to people who get onto Canadian soil first.

THE CANADIAN PRESS





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Your essential daily news

EU court says workplace headscarf ban isn't discriminatory. World

FOCUS ON ASYLUM SEEKERS

Refugee claimants bring small comforts of home

EMERSON

Somali men share their journey amid game of Ladu



For refugee claimants arriving in Winnipeg, a board game made out of a bedsheet is providing a little bit of comfort while they stay at a homeless shelter.

Elmi, 35, and Sharmarke, 29, fled Somalia separately and met while on route to Emerson. Man. on March 1.

The Manitoba border town has seen more than 200 asylum seekers arrive since Jan. 1, according to data provided by the RCMP last week.

Elmi and Sharmarke are now staying temporarily at the Salvation Army Booth Centre, where as many as 90 refugee claimants have stayed per night since mid-February. That's the maximum number the Salvation Army can handle space-wise, said spokesman Sgt. Rob Kerr.

Those staying at the homeless shelter have sketched a game called Ladu onto a bedsheet in pen.

The sheet is strewn across the



dining room table in the secondfloor common area. They've scrounged up men from a leftover chess set and some spare change to use as game tokens.

The object of the game, they explain, is to move all your tokens around the board and find safety at the centre. You roll the dice (in this case, inside a plastic water bottle lid à la Yahtzee) and then move the allotted number of spaces while trying to evade your opponents.

"If we stayed in the United States, we don't have visas for the United States because of the new President Trump. That is why I run — because Donald Trump will do deportation," said Sharmarke during a Ladu

game Friday.

Elmi said leaving Somalia was necessary for both men because "we've got troubles. Civil war."

Asked if they spent much time in the United States before heading north, Elmi said he spent a "long time" in a detention centre in Nebraska. "Five hundred days," he repeated thrice for emphasis.

Not wanting to get detained, Sharmarke said he fled Minneapolis, Minn. after four months.

Now the former tomato and corn farmers want to move to Toronto, where Canada's Somali population is most concentrated.

Still, they have many ques-



Left: Elmi and Sharmarke met while walking to Emerson, Man, and are now staying at the Winnipeg Salvation Army as they await their refugee board hearings. Above: Elmi moves his pawn around a Ladu board game set up at the shelter.

JESSICA BOTELHO-URBANSKI/METRO

tions about their new homeland: What's the name of the river? How long is it? Where's the hottest place in Canada? As for this latter question, they would like to move there because they hate Winnipeg's

But first things first, they await confirmation of their refugee board hearing dates, which were scheduled to come down the pipeline this week.

Elmi ultimately wins the 40-minute round of Ladu, while a half-dozen refugee claimants sit in the adjoining living room. They're watching Public Safety Minister Ralph Goodale talk about their border crossings on TV.

How you can help arrivals in the city

Razak Iyal, an asylum seeker from Ghana, lost nine of his fingers to severe frostbite last Christmas Eve. He trekked to Emerson, Man., to escape deportation from the United States and his story has brandished international headlines.

Despite losing dexterity, he hasn't stopped moving and is volunteering daily at the Canadian Muslim Women's Institute (CMWI).

Iyal said he helps sort clothing and household items that arrive by donation - anything to keep busy while he awaits his refugee board hearing later this month.

"I don't have fingers, but I do my best," he said to a crowd of about 40 gathered at the Grand Mosque Monday night for a seminar called "Mobilizing Compassion.

Iyal thanked those at the mosque for their outpouring of generosity in recent weeks.

"I want to take this opportunity to thank the people of Canada. We both have seen very, very good people," Iyal said, speaking on behalf of his friend Seidu Mohammed, who couldn't make it because of a doctor's appointment.

The pair walked together in the bitter cold and Mohammed lost both hands and a toe to frostbite.

The representatives at "Mobilizing Compassion" suggested three main ways to help asylum seekers.

Donate money:

Dozens of local non-profits

are pitching in to help refugee claimants file paperwork, find temporary housing, clothing, toiletries, culturally appropriate food and transportation to and from appointments. United Way Winnipeg has created a central website where the public can donate funds, which will be divvied among the agencies: helprefugees.ca.

Donate goods:

The Canadian Muslim Women's Institute is temporarily stopping acceptance of clothing donations because they've received more than they can store. Hygiene items, like pads, toothpastes, toothbrushes, shampoos, conditioners, lotions and towels, are current needs. For an update on which items are crucial, call the CMWI at 204-943-8539 or visit them at 61 Juno St.

The Manitoba Islamic Association is also looking to put together 150 care packages.

Donate time

CMWI needs help sorting through their goods and is organizing volunteers to stop by this weekend. Call ahead for more details.

If you have a legal background or a basic understanding of immigration paperwork, Immigration Partnership Winnipeg recommended getting in touch with local organizations like Welcome Place to see if you can help asylum seekers fill out forms in English.

JESSICA BOTELHO-URBANSKI /FOR METRO



Women's Addiction Recovery Program

A place where Mothers may reunify with children







Artist plants seed of an idea at Forks

Smokestack envisioned as mega vase for giant flowers



Braeden Jones Metro | Winnipeg

The days are getting longer, the ground a little softer, and before long the "Ears of the Earth" will show themselves around - and above — Winnipeg.

More commonly called the prairie crocus, a flower often regarded as a harbinger of spring, the "Ears of the Earth" is also an ambitious public art installation that will add a physical likeness of the flowers to the towering grey and red smokestack at The Forks.

Cameron Cross, the artist behind the idea, said it has been

almost 20 years since he noticed the smokestack during a walk and decided it looked like a vase.

He sees the piece as both pop art and layered statement piece, and said it's meant to pay homage to Indigenous people who revere the iconic flower and The Forks, while also transforming the stack.

He expects to hit a critical milestone in the project this spring as crocus flowers pop up around the prairies by getting contractors on site near the Cityty building to assess the stack's structural stability.

"Phase one we'd love to be later this spring ... that's analyzing the stack," Cross said.

Ideally, the company inspecting the cylindrical structure will tell Cross what it will take to reinforce it sufficiently to support eight bright, lavender coloured crocuses and 20 green stems.

Once that's done he can move onto the next phase, securing



A rendering of Ears of the Earth, an art piece of crocus flowers, which will sit atop the Cityty smokestack, EARSOFTHEEARTH, CA

financing to begin "reinforcing this summer."

That would allow him to look at completing the installation "next summer in a perfect world," which he hopes to be the case since, without his art, "it's set to be demolished in 2019 anyway."

With the reinforcement and artwork, though, the pillar would stand up to 10 years.

It's not planned to be a perma-nent exhibit, but Cross, a student and teacher of public art, said the project's impermanence enhances its significance.

"It gives some preciousness to what a person is looking at when they know it's not going to be there for long ... it'll be a mechanism to get people thinking and talking about art," he said.

Still, Cross is eager to take

the first steps towards making his contribution to Winnipeg's skyline - however fleeting it might be - this spring.

There's nothing out there utilizing a city structure exactly like this ... it will be cool when it's done," he said.





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Skip the money question at a job interview?



Any job interview process is precarious - who knows what could impress or turn off an employer but asking about wages and benefits is kosher, isn't it?

According to a SkipTheDishes human resources representative, that might not be the case.

A Winnipeg woman suddenly found herself cut from a secondround interview with the food

delivery app after asking those same questions, prompting social media backlash and a company apology. On Sunday, Taylor Byrnes - who had already had one interview for an internal office position with food delivery service SkipTheDishes - emailed the company to find out how much she would earn.

"How much do you think I'll be getting paid an hour? Benefits will be included, right? Sorry, I just thought I should ask now," she wrote, according to a screenshot email she posted to her Twitter. Hours later, a respondent from Skip, Victoria Karras, responded, telling Byrnes her "questions reveal that (her) priorities are not in sync with those of SkipTheDishes."

"At this time we will not be following through with our meeting this Thursday, regards," wrote Karras. The screenshots yielded thousands of retweets and likes with many people commenting that they'd be boycotting Skip, but also kicking off a debate.

Some people defended Byrnes, saying it's a "totally legitimate question." Others said "pay and benefits are not discussed until the job has been offered." A founder of the company messaged Byrnes, explaining that the email she received from Karras was "upsetting" and frustration would be understandable.

"The email to Taylor does not represent #skipthedishes team values. We have followed up to offer apologies and a 2nd interview," SkipTheDishes tweeted.



An artistic rendering of the \$400-million True North Square development at 242 Hargrave St. CONTRIBUTED

City pitching in for square

The plaza would

North Square

North Sports

represent one part of the \$400M True

development being undertaken by True

&Entertainment.

CONSTRUCTION

New plaza in big development to be funded by \$3.2M in rebates



Stephanie Taylor Metro Winnipeg

The city is offering up a \$3.2-million grant to see a new public plaza take shape in True North Square. Mayor Brian Bowman's

executive policy committee is set to approve the request when they meet on \$400M Wednesday.

According to a report prepared for the committee, the \$8.9-million plaza would be built to the south of Graham Avenue. The city's spending on the project would be capped at \$3.2 million, funded

through a tax-increment financing program and tied to a provincial contribution.

The plaza is just one compon-

ent of True North Sports and Entertainment's \$400-million development. Once complete, it will include new office towers, a hotel and residential space.

Coun. John Orlikow, who chairs the committee on planning, property and development, said it was always the developer's plan to build a public plaza, but only now are the funds ready for approval. John Kiernan, director of the planning, property and development department, told reporters on Tuesday that informal conversations have indicated the province is willing to help pay for the plaza. "It'll

provide us a good venue to start creating that sense of community and the excitement downtown we want, so I think it's a good investment, Orlikow said.

Wednesday's committee is also being asked to reallocate \$17.6 million in previously

approved tax rebates to improving streetscaping, sidewalks and build new skywalks around the future square.



IN BRIEF

Grain safety program to give training after deaths

The federal government is offering up to \$375,000 for a new program to reduce deaths and injuries related to grain-handling.

The money is to go toward training for producers and first responders, awareness programs for children and a mobile demonstration

unit. In 2015, three sisters from Alberta died after they became trapped and suffocated in a dense pile of tiny canola seeds in the family grain truck.

Experts warn such grains can act like quicksand. On average, 84 Canadians die each year in agriculturerelated accidents. THE CANADIAN PRESS









The National Council of Canadian Muslims has received 20 reports of Islamophobic incidents so far in 2017. Over the same period last year, the number was 10.

'Muslim hate' on the rise

Higher numbers attributed partly to Trump's rhetoric

Islamophobia is an

issue in our society

and it needs to

be condemned

and it needs to be

studied.

Sehrish Amjad



From a man shouting at Muslims on an OC Transpo bus, to a deliberate fire at a Toronto mosque, to the shooting death of six men at evening prayers in Quebec City, the National Council of Canadian Muslims is tracking a worrying

upward trend in hate incidents.

The council, which has been tracking Islamo-phobic incidents across the country for five years, has recorded 20 incidents in 2017 so far, up considerably from the same time

frame a year ago. "Last year around this time we had 10 incidents of Muslim hate," said Sehrish Amjad, a human rights officer with the NCCM.

In total, the NCCM recorded 65 incidents in 2016 up from 59 in 2015. In all of 2014, they recorded 23 incidents and in 2013 they recorded just 12.

Amjad said some of the rise could be due to more reporting, but they believe U.S. President Donald Trump's divisive rhetoric is also fuelling the increase.

"It's hard to say for sure, definitely it may be the case that people are reporting more, but we know hate crimes are still one of the most underreported types of crimes."

Amjad said six incidents were reported during the week of debate on M-103, a House of Commons motion looking to condemn Islamophobia.

"It has received a lot of opposition inside and outside of the House of Commons, so there are a lot of misconceptions associated with it," she said.

Amjad said the people who called the mo-

tion a step toward Sharia law were fuelling hate.

"They're creating fears in people and those fears are being translated into discrimination and hateful acts."

She said the incidents the NCCM tracks are reported to them, but are also confirmed with police or through media reports. "It shows that Islamophobia is an issue in our society and it needs to be condemned and it needs to be studied."

ENTREPRENEURSHIP

Canada's cities among most start-up friendly



Wanyee Li Metro | Vancouver

Vancouver and Toronto are among the most startup-friendly cities in the world and the best city for tech entrepreneurs in Canada, according to a new Genome Startup report.

Vancouver ranked 15th in the world with highest number of startups per capita according to the report, with Toronto coming in 16th.

Vancouver scored average on four out of five measures including talent and startup experience but came up big in the category 'global reach,' with 57 per cent of customers coming from out of the country.

It's a testament to the city's diverse population, said entrepreneur and immigrant Wyle Baoween.

Baoween's startup, HRx Technology Inc., helps companies create a more diverse workforce by taking unconscious bias out of the hiring process. He says Vancouver, where half of residents' first language is not English, is the perfect place to start his business.

"One of my favourite stats is we have more Americans in our city than any other place outside of the States in the planet," said James Raymond, manager of research and analysis at Vancouver's Economic Commission.

"We're the most American city outside of America. We are also the most Asian city outside of Asia."

In fact, 30 per cent of Vancouver's entrepreneurs are immigrants, compared to the global average of 19 per cent. One example is Vancouverite Shahrzad Rafati, an Iranian immigrant who founded Broadband.tv, the third largest video streaming site in the world after Facebook and Google.

Other notable local startups include Plenty of Fish, which sold for \$557 million, and Bitstew, which sold for \$157 million.

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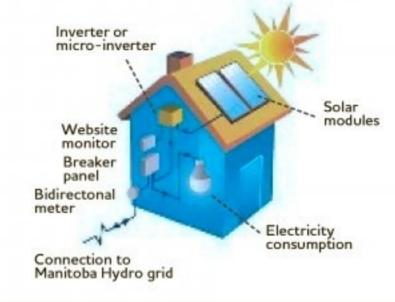
Is solar energy right for your home?

Manitoba is one of the sunniest provinces, and more Manitobans are now looking to the sun as an additional source of clean, renewable energy. The cost of solar panels is coming down and Manitoba Hydro loan and incentive programs can help with upfront costs. However, cost is just one part of the equation. You should consider many factors when deciding whether this is a good supplementary energy source for you.

Make sure your home is suitable

The ideal place for solar panels is a south-facing, shade-free area. Consider whether trees and nearby structures will block sun, and whether it will be difficult to remove snow.

If you prefer a roof-mounted system, your roof will need to be in good repair with fairly new shingles. Your municipality may also require a building permit to ensure your roof can support the additional load.



Understand the costs and savings

The payback period for solar energy depends on many factors. Beyond the upfront costs of equipment and installation, you should be aware of the ongoing expenses. As you get estimates from installers, ask how they calculated the paybacks they are presenting to you.

- Do their estimates include taxes, permit costs and ongoing maintenance?
- What kind of warranties will they provide on the labour and product?
- Have they accurately projected electricity rate increases?

Solar energy systems may also affect your home insurance, property tax and income tax. You should speak to your insurance provider and municipality about any changes that may be required to your current policies.

Also, installing solar panels is not a DIY project. All installations require an electrical permit and must be done by a licensed electrical contractor.

Find more information online

- Visit www.hydro.mb.ca/solar or email earthpowerinfo@hydro.mb.ca.
- Visit the Canadian Solar Industries Association website: www.cansia.ca.
- Download Natural Resources Canada's solar-ready design guidelines for new houses: www.nrcan.gc.ca/ energy/efficiency/housing/research/5141.

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Trump set to roll back climate protections

ENVIRONMENT

Advocates fear assault on green laws and regulations

President Donald Trump is moving to roll back another one of his predecessor's strict environmental policies, setting up a possible dilemma for Prime Minister Justin Trudeau and again demonstrating his intention to free big companies from regulations on pollution and climate change.

The early words and deeds from Trump and his Environmental Protection Agency chief have provoked deep alarm among environmental advocates, who fear an unprecedented and world-damaging assault on green laws and rules. Tuesday validated their fears, and the week might get worse for them yet.

Trump's plan to abandon a Barack Obama commitment on car standards was announced by a White House official in the



Scott Pruitt is sworn in as the Environmental Protection Agency Administrator in Washington on Feb. 17, 2017. THE ASSOCIATED PRESS

evening. Seven hours earlier, the Axios news website reported that the administration was discussing EPA cuts even deeper than the 25-per-cent cut it has already floated.

In between, Bloomberg reported that Trump is planning to sign a "sweeping directive" that would not only begin the process of lifting Obama's restrictions on coal leasing and emissions from power plants but also "dramatically shrink the role climate change plays in decisions across the government."

"In terms of our overall environmental program, both domestically and globally, I don't think there is any threat that has occurred since the creation of the Environmental Protection Agency which is so severe. I think this is perhaps the singular most important crisis so far in the 50-year-or-so history," said Walter Rosenbaum, a Florida environmental scholar who served as a special assistant at the EPA in the early 1990s.

Trump's EPA chief, Scott Pruitt, caused an uproar when he said he did not believe carbon emissions are the main driver of global warming, though they are. And a draft Trump budget would slash U.S. funding for Great Lakes restoration from \$300 million to \$10 million.

Trump has long rejected science on global warming. And he has made no secret of his disdain for the assertive Obama-era environmental policy many Republicans call improper overreach.

In one of Trump's first moves in office, he issued an order to pave the way for the approval of the Keystone XL oil pipeline. In February, he ordered the replacement of an Obama cleanwater rule opposed by farmers.

He has not yet decided what to do on the global Paris climate agreement he promised to "cancel." TORSTAR NEWS SERVICE

LE/

President's tax returns from 2005 released

The White House said Tuesday that President Donald Trump made more than \$150 million in income in 2005 and paid \$38 million in income taxes that year.

The acknowledgement came as MSNBC host Rachel Maddow said she has obtained part of Trump's 2005 tax forms, and prepared to discuss the document on her show.

The records have become highly sought-after because Trump refused to release his returns during the campaign. He claimed he was under audit by the Internal Revenue Service and said his attorneys had advised against it.

The White House pushed back pre-emptively Tuesday night, saying that publishing those returns would be illegal.

"You know you are desperate for ratings when you are willing to violate the law to push a story about two pages of tax returns from over a decade ago," the White House said.

The unauthorized release of federal tax returns is a criminal offence. But Maddow argued that MSNBC was exercising its First Amendment right to publish information in the public interest.

THE ASSOCIATED PRESS



Fight against online hate

Germany's justice minister is proposing fines of up to 50 million euros (\$53 million) for social networking sites that fail to swiftly remove illegal content, such as hate speech or defamatory "fake news." The plan marks a further step in Germany's attempt to impose its domestic laws against incitement on the world of online chatter. AP

Anti-headscarf ruling facing criticism

Private businesses in Europe can forbid Muslim women in their employ from wearing headscarves if the ban is part of a policy of neutrality within the company and not a sign of prejudice against a religion, the EU Court of Justice said. Such a ban doesn't constitute "direct discrimination." Critics voiced fears that the decision risks becoming a setback to all working Muslim women. AP



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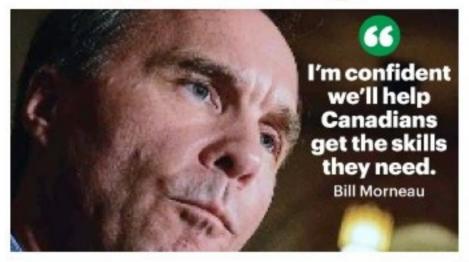




metr

NEWS Business Wednesday, March 15, 2017

Hopes high for job-skills help in budget



Students need real-life work experience, advocates say

Expectations are running high that next week's federal budget will provide a more detailed federal strategy — and perhaps more cash - to help post-secondary students land real-life work experience in emerging, employee-starved fields.

In last year's budget, Ottawa committed \$73 million over four years to fund an initiative aimed at ensuring that what's being taught inside the classroom is better aligned with the tech-related needs of the job market.

The government plans to launch the program this year and advocates will be watching the March 22 budget for signs of a framework.

"Students today want to get their hands dirty as part of the university experience," said Universities Canada president Paul Davidson.

Last year, the government set aside money for new co-op placements and work-integrated learning in anticipation of a program to encourage participation in "high-demand fields," such as science, technology.

engineering, mathematics and business.

Finance Minister Bill Morneau's second budget comes amid growing awareness that a wide range of today's jobs will eventually be replaced by the rapid advance of new technologies, such as automation and artificial intelligence. Job skills will be "one of the key areas of focus" in the budget, Morneau said last week.

THE CANADIAN PRESS

Sex-toy maker settles intimate data lawsuit

A Canadian vibrator maker accused of secretly tracking the intimate habits of thousands of its customers through a smartphone app has agreed to spend \$5 million US to settle a privacy lawsuit in the United States.

Under the deal, Ottawabased Standard Innovation will pay Americans who bought its We-Vibe sex toy before Sept. 26, 2016, up to \$199 US each. Users who controlled the vibrator via its We-Connect application will get up to \$10,000 US each although the actual amounts in both cases are likely to be much lower.

The company, which denies any wrongdoing, will also have to destroy much of the personal data it had collected through the app. The data includes time and date of use, the user-selected vibration intensity level and pattern and the temperature of the device, according to court documents.

THE CANADIAN PRESS

Company records indicate about 300,000 people bought a Bluetooth enabled We-Vibe product and more than 100,000 downloaded and used the app, an affidavit by the plaintiffs' lawyer, Eve-Lynn Rapp, states.



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THE MOST COURAGEOUS ACT IS STILL TO THINK FOR YOURSELF. ALOUD. PHILOSOPHER CAT by Jason Logan

JESSICA ALLEN ON PALTROW AND PSEUDOSCIENCE

How could a magazine with 'health' in its title feature the Goop founder? Easily.

Gwyneth Paltrow looks great in a red bikini on the April Women's Health cover. But wherever the Goop founder goes, she is followed by controversy (and cold-pressed juice and bergamot-cedar incense.)

People, including some in the medical community, are outraged, not just because the cover line "Get. Her. Abs." in "just 3 moves" is a flat-out lie (tried it), but over the interview with the wellness guru.

How could a magazine with the word "health" in it promote a person who promotes unhealthy things - like vaginal steaming - and not hold her to account for her medically unsubstantiated beliefs?

There is literally an entire book dedicated to Paltrow's peddling of pseudoscience: Timothy Caulfield's Is Gwyneth Paltrow Wrong About Everything? The professor of health law and science policy at the University of Alberta recently told Gizmodo: "It's disappointing that a magazine called 'Women's Health' is embracing this science-free nonsense!"

The thinking goes: They should've known better. But maybe we should have, too.

For starters, a high school student could find the red flags: First, the interview was conducted by Paltrow's employee. No wonder she didn't

press her boss on the vagina steaming. And it reads like an advertorial hawking Goop's new line of supplements. Second, the interview's sidebar features an MD evaluating those supplements. But the doctor dabbles in so-called functional medicine, a controversial practice whose most famous adherent regularly ap-

she wants to get to the bottom of why women are so exhausted (I have a few theories) and why she is "really interested in the impact of heavy metals and parasites on our bodies," seems pretty rich.

But things get richer. Compare the two April covers of Women's and Men's Health. Both target weight loss and



Gwyneth Paltrow graces the April cover of Women's Health. AP

pears on The Dr. Oz Show. Caulfield complained to Gizmodo that Goop wraps its advice "in a blanket of pseudoscience."

But since when did we consider Women's Health an arbiter of health science? The magazine, whose founding editor was formerly of Teen People, is not a health journal. So to feign shock over an interview in which Gwyneth says

how to get a ripped bod. Women get a "Sexy, Easy Hair" cover line and men get: "Lean, Tough, Fit!" Women get that spread on Goop's new supplements and men get a special report on "Is your supplement

It's a solidly scientific topic. Medical studies, op-eds and reporting brought the issue of Big Vitamin taking on regulators to light. You couldn't pick

up a paper or turn on a TV in 2013 without reading about not just the ineffectiveness of vitamin supplements but also their inherent dangers.

Pseudoscience is pushed on women all the time. Why are they always targeting us with this garbage?

Maybe the answer is obvious: We buy into it. Recent polls suggest that more women than men believe in astrology, take supplements and put stock in alternative medicines.

It's easy to laugh at Sean Spicer for not being mediasavvy enough to know that The Onion is a satirical website. But whose fault is it if Gwyneth on the cover of a women's health magazine doesn't sound any alarms? Who's to blame for the orgasm-improving \$60 jade eggs that you stick into your vagina selling out on goop.com? For the 4,000-strong waiting list to secure one?

I'd like to blame the patriarchy, but I don't think it holds much sway over Goop. And even if the patriarchy came before the jade egg, I don't blame Gwyneth. She's just the messenger.

Jessica Allen is the digital correspondent on CTV's The Social.

Spoiler alert: It's your fault for not keeping up, not mine



Vicky Mochama Metro

Whether it is Romeo and Juliet, Harry Potter or the video for Call Me Maybe, I do not believe in spoilers.

A spoiler is a plot point that tells you how a story's narrative progresses or ends. For example, knowing the line "I see dead people" is kind of a spoiler for the movie The Sixth Sense.

Among civilized people, you're not supposed to spoil the plot. Tell someone that Matthew dies in Downton Abbey and you end up yelling at them that it aired five years ago while they pout about it. Half a decade apparently wasn't enough time for them to get caught up on a season three plot-point in a six-season TV show. Spoiler alert: The show goes on without him.

You can't talk about any cultural touchstone without providing a spoiler. I was describing Carmen, the opera, to someone when I found myself saying, "Spoiler alert: Carmen dies." Carmen has been performed at least a dozen times (give or take) since it debuted in 1875. Believe me, it ruins nothing of Bizet's magnificent score to say Carmen meets her end. Also, it's an opera; someone important has to die. It's opera law!

I find that as long as you don't tell people how and in exactly what order, the knowledge of the plot can actually increase the story's enjoyment. In 2011, researchers at UC San Diego found that people still enjoy texts even when they know major plot points and how the story ends. Their research found that participants actually enjoyed stories more when the plot had been spoiled for them.

Knowing the ingredients of a meal doesn't ruin it for you; rather, it gives you some flavours to look forward to.

And at this point, there is just too much culture. We can't tiptoe around plots because other people were "busy" at their "jobs" or whatever. Sometimes you just have to say: The world doesn't end in X-Men: Apocalypse.

Writers have some responsibility. In 2008, culture news and criticism website Vulture established its own statute of limitations for spoilers; it allows for unmarked spoilers in the text of an article on the Monday after a movie opens, but writers have to wait a month before putting spoilers in headlines. There are different rules for books and reality TV shows.

All of that is way too complicated. For my personal policy, however, I'll be reasonable. I will give you 24 hours. If within 24 hours, you have not viewed, read or listened to a piece of culture then you have not made it a priority.

Being into culture is a lot like texting while dating: If you don't get to it within a day, you were never that into



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METHIE



Your essential daily news

Dave Franco and former Mad Men star Alison Brie have tied the knot in private

Disney late to the ball on equality

CULTURE

'Gay moment' in Beauty and the Beast falls short for many

Jonathan Forani life@metronews.ca

There's a moment at the end of Disney's live-action remake of Beauty and the Beast where the villain's chubby sidekick LeFou starts dancing with a man in drag. Though it lasts only a few seconds, it's been called a water-shed moment for the entertainment conglomerate, and LeFou has been dubbed "Disney's first gay character."

Just as swiftly, it was ruled "adults-only" material in Russia and an Alabama drive-in declared it wouldn't screen the film. But even non-homophobes don't like it.

If LeFou's errand is to be the champion of the "love is love" generation of marriage equality and LGBTQ rights, for many Disney watchers he has not only failed, but is proof gay characters still can't crack the mainstream without a tired old stereotype being applied. For some, a bad representation is worse than no representation at all.

"At this point in 2017, praising a large corporation for doing the least possible in terms of including LGBTQ characters is a bit ridiculous," says Jensine Jones, a Toronto podcaster who identifies as queer.

The film's openly gay dir-



LeFou, played by Josh Gad, (right) with leading man Gaston, played by Luke Evans . CONTRIBUTED

ector Bill Condon called it "a nice, exclusively gay moment" in an interview with Attitude magazine.

As characters gather for the ballroom celebration scene, LeFou begins dancing with a woman. Soon he transitions into the arms of a man named Stanley, who we met earlier when Stanley and two other men are suddenly clothed in dresses and makeup by an enchanted wardrobe. The other men are aghast, but Stanley smiles, delighted with the cross-dressing.

In the ballroom, LeFou and Stanley don't back away from each other, instead they continue to dance. "It's a little too late, and a little too little, but it's better than nothing," says Nicholas Sammond, an associate professor of cinema studies at the University of Toronto. Though the small mo-



At this rate, we'll have enough for a full-on feature in right about the time we've all moved to Mars

Filmmaker John Greyson

ment has caused a "hullabaloo" online, it's the hullabaloo that counts, he says.

"As with many things Disney, the conversation around it is probably as important as the event itself," says Sammond. "Particularly as we enter the era of Trump, it's good to have conversations about the degree to which representations of gay characters are positive and move us toward a more inclusive society."

That was the discussion in 2009 surrounding Disney's The Princess and the Frog, featuring the studio's first black princess. Though some dubbed it "unforgivably late" and "onedimensional," others called the MALAYSIA CENSORS SCENE

Walt Disney has shelved the release of Beauty and the Beast in mainly Muslim Malaysia, even though film censors said Tuesday it had been approved with a minor cut involving a "gay moment."

The country's two main cinema chains said the movie has been postponed indefinitely. Film Censorship Board chairman Abdul Halim Abdul Hamid said

film "barrier-breaking."

"Even if it's this small, tiny scene that recognizes a character like LeFou is gay or questioning, I think that is a step forward," says Andrew Murphy, director of programming for Toronto's queer film festival Inside Out. He acknowledges the history of feminized baddies in film from characters including Scar in The Lion King. "The Hollywood trope of the effeminate villain is a tale as old as time."

Queer Toronto actor Emily Schooley isn't sure she'll pay the price of admission to find out if LeFou (translation: "the fool") is portrayed in a better way than a "bumbling yes-man" yearning for Gaston, the film's pompous heterosexual bad boy. She suspects it is simply more of the same "queer-baiting," where a gay character is added to attract queer audiences, but is promptly killed off or pushed aside.

Filmmaker John Greyson notes some other brief queer moments in mainstream film: the "3.5 seconds of gay Sulu" in Star Trek he did not know why the film was postponed as it was approved by the board after a minor gay scene was axed.

He said scenes promoting homosexuality were forbidden and that the film was given a P13 rating, which requires parental guidance for children under 13 years of

age. THE ASSOCIATED PRESS

Beyond, the "suddenly gay" Cary Grant in the 1938 comedy Bringing Up Baby.

"At this rate, we'll have enough for a full-on feature in right about the time we've all moved to Mars," jokes Greyson.

Some argue the LeFou storm is much ado about nothing and "it's just Disney," but for U of T's Sammond, that position is weak.

"When people say 'it's just Disney' they're ignoring a history that, for anxious parents in particular, is really significant," he says. "Disney has built its reputation as being good for children."

When new movies come out, parents often ask, will this be better for children's self-image?

The effect media has on children's lives is "notoriously impossible to gauge," says Sammond, but that doesn't mean moments like LeFou's gay dance should be brushed off.

"What matters more is that people believe it (affects their kids) and they bring that idea to their viewing of Disney films," he says. TORSTAR NEWS SERVICE



A slice of the black stuff

Guinness adds creamy, intense depth to cake

Happy St. Patrick's Day everyone! While I love green beer as much as the next guy, I like to celebrate Canada's Irish heritage with a bit more of a sophisticated flavour profile - what they like to call 'the black stuff."

Enter my ooey, gooey chocolate-overload Guinness cake you've never tasted anything like it. The addition of a generous pour of Guinness to the batter is the secret to this knockout cake's deeply caramelized flavour and melt-in-your-mouth texture. The crumb is moist and dark, but heavy and satisfying at the same time. The ganache adds a whole other layer of intensity; also spiked with stout, it's creamy and intense.

Chocolate Guinness Cake Makes 12 servings.

Ingredients:

- 3 cups (450 g) all-purpose flour (more for pans)
- 2 tsp baking soda
- 1-1/4 cups (280 g) unsalted



This Guinness cake is a gooey chocolate overload. CONTRIBUTED

Directions:

1. With the rack in middle

cm) springform pans with parchment paper. Butter and flour the sides.

2. In a bowl, combine flour

and baking soda. Set aside. In

a saucepan over medium heat,

melt the butter with the beer

and cocoa powder, stirring

3. In a large bowl, combine

brown sugar, sugar and salt. With a whisk, add the luke-

warm butter mixture alter-

nately with dry ingredients

with a whisk. Let cool.

position, preheat oven to 350

F (180 C). Line two 8-inch (20

butter (more for pans)

- 1-1/4 cups (310 mL) Guinness beer or a local stout
- · 1 cup (100 g) cocoa powder · 1-1/2 cups (315 g) lightly
- packed brown sugar
- 1/2 cup (105 g) sugar
- 1/2 tsp salt

butter, diced

- 3 eggs, lightly beaten
- · 3/4 cup (180 ml) sour cream For the ganache: . 16 oz(450 g) dark chocolate,
- chopped
- 1/2 cup (125 mL) Guinness
- 2/3 cup (150 mL) 35% heavy cream 1/4 cup (60 mL) light corn
- 1/2 cup (115 g) cold unsalted

- 4. Add sour cream and stir until mixture is smooth. Divide batter among pans and bake for about 50 minutes or until a toothpick inserted into the centre of each cake comes out clean. Unmould and cool.
- To make the ganache, place the chocolate in a bowl.
- Bring beer, cream and syrup to a boil. Remove from heat and pour over chocolate. Let stand for 1 minute.
- 7. With a whisk, gently stir mixture until the chocolate has completely melted. Add the butter and stir until smooth. Refrigerate for 1 hour or until the ganache is spreadable but not too thick. If needed, microwave a few seconds at a time and stir until spreadable.
- 8. Cut and discard the rounded tops of each cake. Spread onequarter of the ganache onto one layer.
- 9. Top with the second cake layer and frost with remaining ganache, torstar news service

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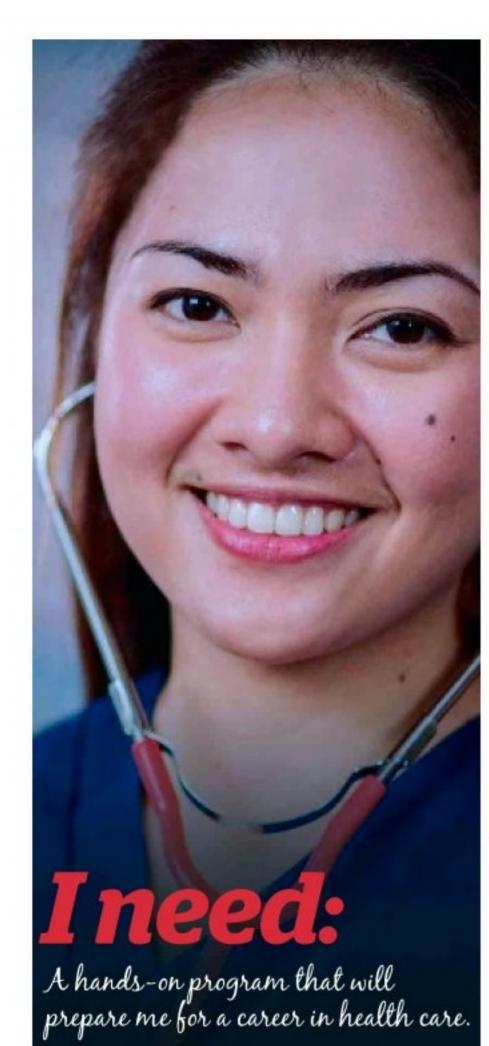
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Wednesday, March 15, 2017 **13**

Buttery scones that are fit for a saint

RECIPE

Moist and flaky Irish variation best served up with salty fish

Is it not enjoyable to take advantage of another culture's holiday to explore new recipes and treat yourself to something delicious? It is. And is St. Patrick's Day not right around the corner? As the Irish might say, 'tis.

Moist, biscuit-y Irish scones, lashed with rich butter and a few slices of smoked salmon, top many lists of Irish culinary yearnings this March 17.

European-style butter makes a big difference in this dish; it has a slightly higher butterfat content than everyday supermarket butter. If you're sticking close to the theme, look for good Irish butter.

As with biscuits or really any quick bread, the less you handle the dough, the better. Overmixing or kneading will activate proteins in the flour, toughening your resulting baked goods. The dough might seem sticky; just work quickly and make sure your work surface is well dusted with flour. Lightly dust the top of the dough, too, so your fingers won't stick to it.

These scones are not too sweet, as their intended filling is smoked, salty fish. For a sweeter plain scone, add another tablespoon or two of sugar.

Irish Scones With Smoked Salmon Makes 10

Ingredients:

- 3 cups all-purpose flour, plus more for patting out dough
- · 2 tablespoons sugar
- 1 tablespoon baking powder
- 1 teaspoon kosher salt
- 3/4 cup (1-1/2 sticks) chilled unsalted butter, cut into pieces
- 1 cup whole milk
- 1 egg yolk
- 1 whole egg
- About 3 tablespoons softened
- unsalted butter, for serving

 1/2 pound good-quality

Directions:

smoked salmon

 Heat oven to 400 degrees. Line a baking sheet with parchment. Lightly flour a clean work surface.

2. In large mixing bowl, stir



These scones are not too sweet as their intended filling is smoked, salty salmon; if you're trying to be super authentic, source some wild Atlantic salmon — adored in Ireland. CONTRIBUTED

together flour, sugar, baking powder and salt. Using a pastry cutter, two knives or your fingers, cut butter into flour mixture until mixture resembles coarse commeal, with no piece of butter larger than a pea.

3. In small bowl, combine

milk and egg yolk. Stir into dry ingredients just until mixture comes together.

4. Turn dough onto floured work surface, and roll or pat out to 1-1/4-inch thick. Cut 2-1/2-inch circles with biscuit cutter, as close as possible to one another. Gently pat together scraps and cut out another 2 or 3 circles. Place pieces on prepared baking sheet at least 1 inch apart.

5. Beat whole egg with 1 teaspoon of water in small bowl and brush lightly on tops of scones.

(I) A CUT ABOVE

What does it mean to "cut" the butter into the flour mixture? The butter is added cold. in small pieces, and is incorporated into the dry ingredients so that it is well distributed but maintains a pebbly texture. That way, when the scones bake, the butter melts into the dough and creates flaky scones with tiny pockets of air to keep the texture light. Use a pastry cutter, two butter knives or quick rubbing movements with your fingers to work in the butter without creaming it into the dough, which would create a denser

 Bake until golden brown, about 15 minutes. Transfer to wire rack to cool.

scone.

7. Split scones in half, then spread with butter and layer bottom halves with salmon. Replace tops. THE ASSOCIATED PRESS



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ON THE MENU

ADD A NEW TWIST TO SOME OLD FAVOURITES



Imagine adding life to old family favourite recipes, such as spaghetti and meatballs with ground turkey — it's leaner and a much healthier option, comparatively speaking.

"When ground turkey is made with white turkey meat, or a combination of white and dark meat, it is one of the leanest cuts on the market," says Lynne Roy, marketing and communications coordinator with Manitoba Turkey Producers. "Turkey contains various health benefits, and studies have shown that with regular consumption, it can even help lower cholesterol."

A joint analysis by Health Canada and Turkey Farmers of Canada found ground turkey is both an excellent source of protein — there's 28g of protein in 100g — and a healthy choice with just 8.7g of fat and 127 mg of cholesterol in that same 100g. Roy says ground turkey also adheres incredibly well to a variety of sauces and spices, and cooks the same as other ground meats.

"The cooking method for ground turkey does not differ from any other ground meat," says Roy. "The only thing cooks will have to remember is that because it's so much leaner it will require a little bit of oil for better cooking distribution." Roy says ground turkey is priced similarly to other ground meats and can be found in most supermarkets. Go to makeitwithturkey.ca for mouth-watering ground turkey recipes.



Visit makeitwithturkey.ca for more recipe ideas!

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Food metr@life 14 Wednesday, March 15, 2017

ROSE REISMAN THE SAVVY EATER

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LIQUID ASSETS PETER ROCKWELL



The longest running

liquid-themed joke in

Canada over the last few

years has been that Span-

ish wine will be the next

big thing. While wine

writers, me included,

have predicted the rise

of Spain over and over,

kept getting distracted

Well, with sales at

an all-time high, the

reign of Spain has

finally come. It de-

wine producers on

juice it pumps out

Earth, the variety of

on Wednesday, May 3.

serves the attention.

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by something shinier

you, the consumer,

from elsewhere.

Raise the red flag, Spain's reign has begun

is unprecedented. When combined with its balance of ultra-modern and überclassical packaging, there's a bottle for every wine lover.

Though it makes its fair share of whites worth trying, it really is a red-centric country. To get a taste for three of its primary red grapes try Monasterio de las Viñas' 2005 Gran Reserva (\$17.95-\$22.99).

> A blend of Garnacha, Tempranillo and Cariñena, the fruit spends an unprecedented 24 months in oak before seeing bottle. You'd be hard pressed to find a wine this old, smooth and inexpensive from any other country.

> Prices reflect the range across the country. Some products may not be available in all provinces.

Outlet Collection Winnipeg set to hire over 1,000 positions



Green tries to shade kale

Rapini, a.k.a. broccoli rabe, is out to "rabe" kale of its superfood status.

To achieve this feat, marketers for D'Arrigo Brothers' Andy Boy brand have cooked up dozens of new ways to prepare the former wild mustard green, which the original Andy Boy domesticated back in the 1930s.

Rapini contains more iron and fibre than kale, twice the zinc of Swiss chard, and beats spinach as a source of calcium. It's low in calories and high in Vitamin A, the anti-wrinkle vitamin. At nearly 93 per cent water, it also helps us feel full longer.

D'Arrigo sales specialist Claudia Pizarro-Villalobos says the recipe campaign has helped broaden rapini's appeal. She's especially excited about Andy Boy's latest smoothie, which pairs the bitter green with almond butter, hemp seed, almond milk and dates. This powerful green adds a bold flavour to classic Italian recipes like hearty pasta with sausage. TORSTAR NEWS SERVICE



chicken and veggies is always comforting and satisfying. While both of these soups offer that, the cream takes this from meal to mayhem, and three times the calories,



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On Saturday and Sunday, March 25 and 26, 2017, an Outlet Collection Winnipeg job fair with 45 participating retailers will take place at Delta Hotels by Marriott Winnipeg to help fill the first 1,000 positions.

"Outlet Collection Winnipeg will be a unique place to shop and work," said Dimitrios Cotsianis, general manager of Outlet Collection Winnipeg. "We are very excited to provide our tenants with the opportunity to meet with potential candidates as hundreds of positions are filled."

The retailers will be on-hand to provide information and to accept applications from job hunters. Outlet Collection Winnipeg will also feature six anchor tenants, including Saks OFF 5TH, Old Navy, F21 Red, DSW Designer Shoe Warehouse and Winners.



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Your essential daily news

Hugh Jackman in talks to play legendary racing driver Enzo Ferrari in biopic

Rogue refresh won't unseat rivals



THE CHECKLIST 2017 NISSAN ROGUE

THE BASICS

Engine: 2.5 litre four-

cylinder

Output: 170 horsepower, 175 pound-feet of torque Transmission: Continuously

variable auto

Fuel Economy (L/100 km): 9.6 city, 7.4 highway (AWD) Price: \$35.793 as-tested

(destination included)



LOVEIT

- Updated styling
- · Reasonable ride

LEAVE IT

- Outdated infotainment
- · Pricey Star Wars pack-
- age (pictured left) Whiney CVT

Superficial updates not enough to take the top spot



Dan Ilika AutoGuide.com

The Nissan Rogue has gone from afterthought to in demand, climbing the sales charts to crack the top-five best-selling CUVs in Canada and the United States.

That means the Rogue is rubbing fenders with the likes of the Ford Escape and Honda CR-V. But as overhauled versions of both hit dealer lots in recent months and a new Mazda CX-5 on its way in the near future — the Rogue seems suddenly outdated.

Which is where this mid-cycle refresh comes in. The Rogue looks even more like a baby Pathfinder than before, but Nissan definitely played it safe with the update.

The cabin has been spruced up, slightly, to include a new flatbottom steering wheel, as well as a new center console design, a new shifter, and some updated trim panels on the doors and dash. The fabric used on the seats has also been replaced, while a fancy new trim package adds quilted leather upholstery to top-of-the-line SL models.

Our tester came finished in mid-grade SV trim, which leaves a lot to be desired. There's plenty of hard touch plastics and the fabric on the seats doesn't feel great either. Making matters

worse is the Rogue SV's basic infotainment system. With a five-inch display in the dash, what you see is what you get and what you get is little more than audio and rearview camera functionality.

The interior of the Rogue SV has comfortable seats that come heated up front and a sliding second row that offers plenty of legroom. The Rogue can move a family of four with ease. It's also capable of squeezing an extra passenger or two thanks to the available third row of seats, making the Rogue the smallest three-row crossover on the North American market.

Stick to a five-passenger configuration and there's a decent amount of cargo room in the Rogue. The seats-up space is on par with the likes of the 2017 CR-V, though the Honda does offer more room with them folded.

None of the Rogue's mechanics were changed as part of the refresh, which means the same four-cylinder engine carries over for 2017. Output is respectable, however, the Rogue's continuously variable transmission whines and moans like a cat in heat during acceleration. Thankfully the Rogue's cabin is pretty quiet otherwise, without much road noise making it inside.

As for the ride itself, it's a little stiff and truck-like, but does pretty well to absorb bumps in the road. The steering is a little vague, but the variable steering ratio is an added bonus and gives it a lighter feel at lower speeds, making it easier to maneuver.

With an updated look and little else, the 2017 Nissan Rogue isn't likely to unseat the segment-leading CR-V anytime soon.

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Civic: Lost in transformation

Whenever we see a concept or prototype for a new model reveal, it's likely we'll be disappointed by the real deal. When we first saw the Civic Type R prototype, we were blown away — the way Honda transformed the mainstream Civic compact sedan into something more sinister and bad-ass was jaw-dropping, but in the back of our minds, we knew not all aspects would make the production version. Here's how the prototype compares to the real thing. SAMI HAJ-ASSAAD AUTOGUIDE.COM

Side markers

The amber corner lights on the production model were slick-looking and tinted black on the prototype.

Front intake

The lower front intake is smaller on the production version, or at least the lighter paint job makes it look less intimidating.

Bumper openings

The gills on the side of the intake seemed larger and more pronounced on the prototype.

Headlight washer

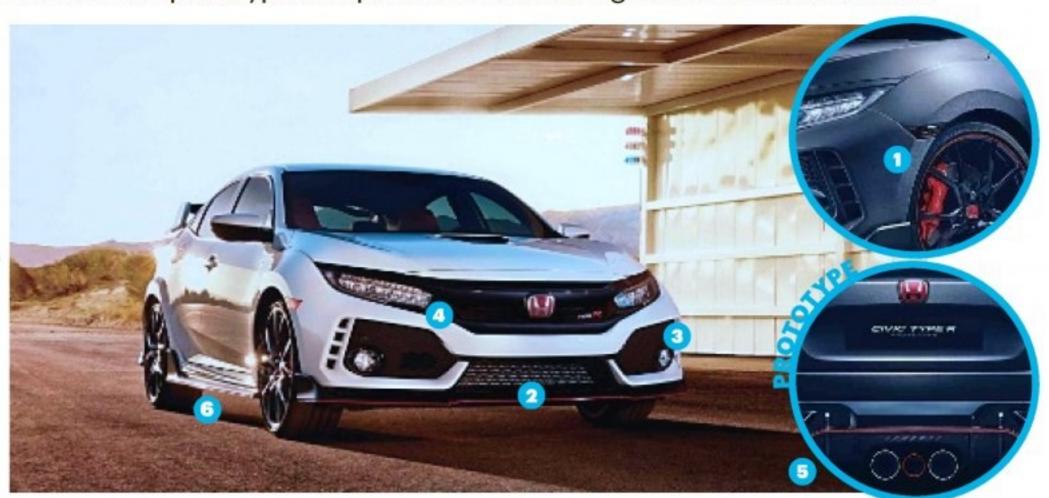
The production version has bumps hiding headlight washers, while the sleek prototype didn't.

Red exhaust tip

While both have three exhaust exits, the prototype had a metallic red center exhaust that's missing here.

Ground effects

Both cars feature a serious ground effects package. However, on the prototype, the front splitter, rear diffuser and side skirts were all carbon fibre — with the production model using a look-alike material.



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The second secon

Villanova under pressure

MARCH MADNESS

Florida was last school to go back-to-back in 2006, '07

Kris Jenkins buried the threepointer that sparked book deals, red carpet photo ops, a White House trip, a handful of award banquets and hundreds of perks that come with winning a national championship.

But the national title did come with a tinge of pressure that lingered into this season can Villanova beat the odds and become the first back-to-back national champs in 10 years?

"It's always a reminder that everybody expects you to do it again," coach Jay Wright said. "That's part of the challenge. When people say it's hard to repeat, that's part of why it's hard to repeat, is because you have to deal with those expectations all the time, those constant reminders of last year."

The reminders of April were impossible to ignore this season.

So were the warnings for the rest of the NCAA Tournament bracket that this season's Wildcats just might be better than



Villanova players celebrate after Kris Jenkins sank the championship-winning three-pointer to defeat North Carolina last year in Houston. RONALD MARTINEZ/GETTY IMAGES

last year's edition.

"I don't know if we're better," Big East player of the year Josh Hart said. "I just know that we're playing just as well at the end of the season."

Duke, Kansas and North

Carolina are championship favourites at the Las Vegas casinos. But the shot at basketball history has helped drive the Wildcats (31-3) toward becoming the first repeat champs since Florida in 2006 and 2007.

Led by coach Billy Donovan, the Gators were loaded with NBA talent and the five starters from the '06 team bypassed the pros for a chance to repeat. Joakim Noah, Al Horford and Corey Brewer sacrificed NBA



We're not afraid of failure ... as long as we play hard for each other, we're good.

Villanova coach Jay Wright

riches and helped the Gators breeze through the regular season and earn the No. 1 overall seed in the NCAA Tournament. Florida beat Ohio State in the title game and became the first program since Duke in 1992 to repeat.

"Anytime you win like that, and you have your whole starting team come back, the expectations change, and in a lot of ways, you get critiqued under a microscope, and sometimes, that can take the joy out of it," Donovan said. "It's like, you win, but you didn't win by enough. You lost, but you shouldn't. All those things get factored in."

The Wildcats, who won Big East season and tournament titles, are the first defending champion to earn the tournament's overall top seed since Florida in 2007.

THE ASSOCIATED PRESS

IN BRIEF

Jets, Devils to play makeup game at end of month

Tuesday night's game between the Winnipeg Jets and New Jersey Devils was been postponed due to a severe winter storm.

The game has been rescheduled for Tuesday, March 28 at the Prudential Center in Newark.

The contest is likely to have little impact on the NHL's post-season races.

Winnipeg entered Tuesday's NHL action 10 points out of a playoff sport in the Western Conference, while New Jersey is last in the East. THE ASSOCIATED PRESS

Japan moves closer to WBC championship round

Tetsuto Yamada hit two home runs to lead Japan to an 8-5 win over Cuba in the World Baseball Classic on Tuesday.

Two-time champion Japan improved to 2-0 in Pool E and can advance to the March 20-22 championship round in Los Angeles with a win over Israel (1-1) on Wednesday. The top two teams in the group advance.

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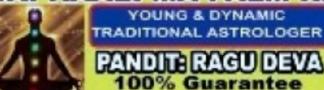


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18 Wednesday, March 15, 2017 metr

SPORTS

Auclair draws U.S. interest

FOOTBALI

Laval Rouge et Or man does well on pro day despite injury

The calculated gamble Antony Auclair took on himself is paying immediate dividends.

The Laval Rouge et Or tight end performed admirably at his pro day Monday in Quebec City despite a hamstring injury. Afterwards, Auclair said he'd been invited to visit with five NFL teams leading up to next month's draft in Philadelphia.

Auclair's agent, Sasha Ghavami, said Tuesday eight teams now want to meet with his client and wouldn't be surprised if that number swelled to double digits.

"It was kind of unorthodox to do it that way (compete despite injury) but it worked out for the best," Ghavami said. "The scouts were all very happy



Antony Auclair ULAVAL.CA

with how he did and were really impressed with his toughness.

"One thing that kind of opened my eyes came Saturday when a team asked Antony in an interview if he'd ever been hurt. Antony has been lucky in that he's never really been injured in football so he's never had to battle that adversity per se in his career. I think (Monday) was a good test of that."

Auclair hurt himself while

3

to do it that way but it worked out for the best.

Antony Auclair

training less than two weeks ago. Ghavami said the 17 NFL scouts and one CFL representative who attended Monday's workout were informed of that development prior to the session.

Despite the injury, the sixfoot-six, 256-pound Auclair posted a 33-1/2-inch vertical jump and nine-foot, nine-inch broad jump — both solid indicators of explosion and lowerbody strength.

The 23-year-old native of Notre-Dame-des-Pins, Que., also registered a personal-best 22 reps in the 225-pound bench press and a respectable 40-yard dash time of 4.82 seconds. THE CANADIAN PRESS



CHAMPIONS LEAGUE LEICESTER BACK IN DREAMLAND

Sevilla's Samir Nasri and Leicester's Jamie Vardy collide in the air during Tuesday's Champions League last 16 match. Unlikely Premier League champs Leicester touched new heights when they beat Sevilla 2-0 Tuesday to reach the last eight of Europe's elite club competition, courtesy of a 3-2 aggregate victory. LAURENCE GRIFFITHS/GETTY IMAGES



IN BRIEF

Spurs' Kane injures ankle

Tottenham says striker
Harry Kane damaged ligaments in his right ankle
during the team's FA Cup
quarter-final match against
Millwall.

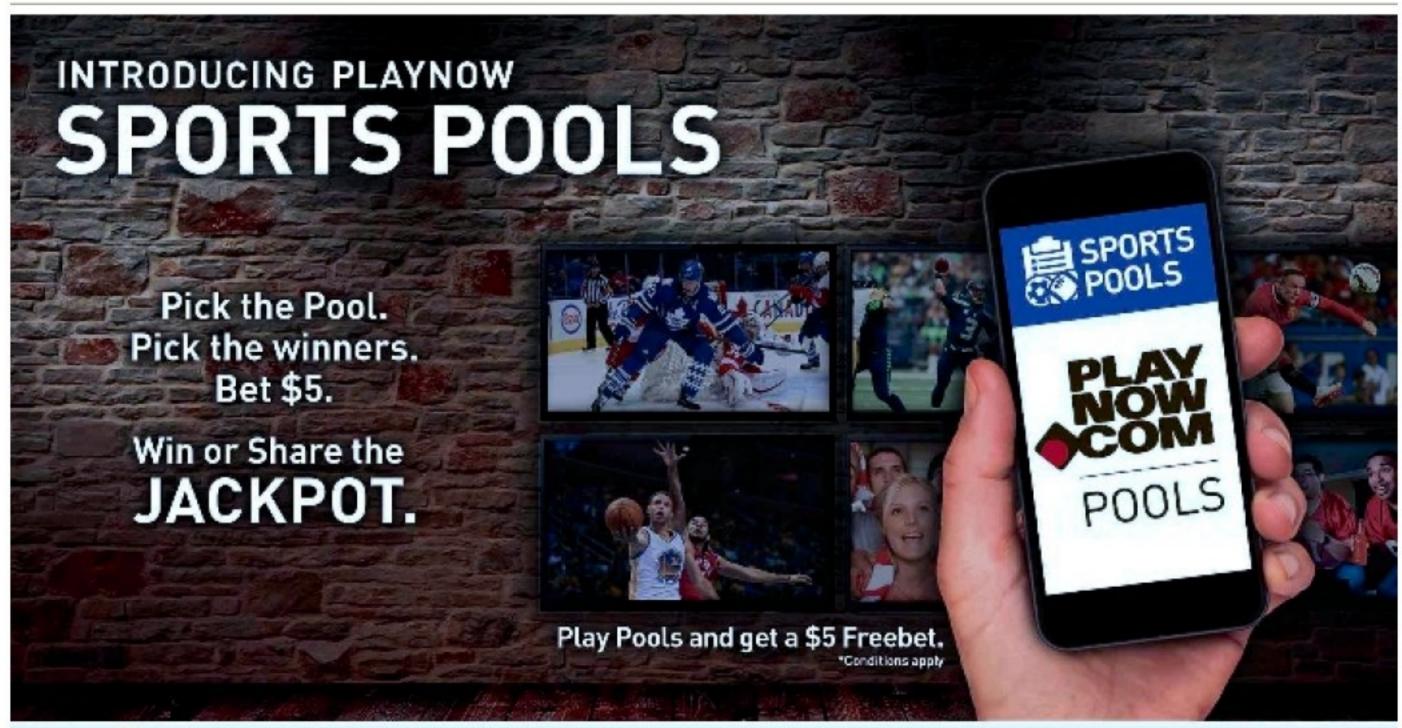
The Premier League club says the injury is similar to the one sustained by Kane in a league game against Sunderland in September, which ruled the England international out for seven weeks. Spurs say "however it is not considered to be as severe." THE ASSOCIATED PRESS

WADA headquarters is staying put in Montreal

The World Anti-Doping Agency says it is keeping its headquarters in Montreal until at least 2021.

WADA director general Olivier Niggli made the announcement in Lausanne on Tuesday.

There had been rumours the headquarters would move to Europe to be closer to those of the International Olympic Committee. But WADA spokesman Ben Nichols said the antidoping agency has a lease in Montreal that runs until 2021. THE CANADIAN PRESS





MAKE IT TONIGHT — — —

Fresh Grilled Shrimp Salad



Ceri Marsh & Laura Keogh For Metro Canada

If you keep frozen shrimp in the freezer, you're one step closer to a fibre- and protein-rich dinner salad

Ready in 1 hour

Prep time: 30 minutes Serves 4

Ingredients

- 1 Tbsp vegetable oil
- 1 Tbsp lime juice
- 1 tsp soy sauce
- · 1 tsp sesame oil
- 2 cloves of garlic minced couple of grinds of black pepper
- 1 pound large shrimp
- 4 or 5 wooden skewers
- 2 or 3 cobs of corn
- 1 x 19 ounce can black beans
- 1 red pepper, diced 1/2 cup chopped cilantro
- 1 avocado, diced
- · 4 Tbsp vegetable oil
- 3 Tbsp lime juice
- 1/2 tsp salt • 1/2 tsp cumin
- 1/4 tsp pepper
- 1 head Boston lettuce.

washed, spun and chopped

Directions

- Mix vegetable oil, lime juice, soy sauce, sesame oil, garlic and pepper in a bowl. Add shrimp, cover, and place in the fridge for about an hour. Soak skewers.
- 2. Oil grill and turn on high. Place corn on top and cook 15 to 20 minutes, turning every 5 minutes. Remove and allow to cool before slicing off the kernels. Mix corn, beans, chopped peppers and coriander in a bowl. Fold in avocado. Whisk oil, lime juice, salt, cumin and pepper. Dress the bean mixture.
- Take shrimp out of fridge and put about three on each skewer. Barbecue for about six minutes. Allow to cool slightly before sliding them off the skewers.
- On a serving plate, arrange the chopped lettuce and pile the beans and grilled shrimp on top.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

 "The _ Always Rings Twice" (1981) 8. Cheekier 15. Castle fortress town in Portugal near the Spain border 16. Get 17. Nicely-illuminated 18. Vocalist's spans 19. Old music high note 20. "Face/Off" (1997) director John 21. One of a breath mint brand 22. Be noncommittal 25. Van Morrison song 27. Gym activity [abbr.] 28. Singers Scary or Sporty 29. Like 'light' food 33. Coca-_ 34. Ons opposites 36. Clay-upon-clay creation 37. Gentleman's gesture, __ of the hat 38. Badger 40. "_go Bragh!" 41. Actress, _ Campbell-Martin 43. Ostrich-like bird 44. AD = _ Domini 45. Canyon communicator 47. Former 48. Red _, Alberta 49. Who? What? Where? When? Why?: 2 wds. 51. _ River, Nunavut 52. Not kosher 55. '80s scandal-ridden televangelism org.

15 16 18 19 23 25 28 28 33 34 35 38 37 38 41 42 43 44 45 48 48 50 51 53 57 58 59 64 63

movie org. 57. Natural home in the environment 59. "Star Trek: Voyager" actress Kate 63. TV personality/ actress Carmen 64. Stopped, as production: 3 wds.

65. Variant-spelled

namesakes of baseball great Mr. Jeter 66. Blue box items

DOWN

choices

1. Hound's 'hand' 2. Corrida cheer 3. T-shirt size

4. 1900-built heritage site in Whitehorse that was a communications hub: 2 wds. 5. Thousand: French 6. Sarah McLachlan tune

7. Natalie Cole's father 8. Sweeper

9. Move away in shock

10. Play part Uniquely-named beacon in PEI overlooking the Northumberland Strait: 3 wds.

12. Bee's abode 13. Best _ (Greatest) 14. Breather

20. It's a call in the wild: 2 wds. 22. _ Strait (It separates Haida Gwaii and mainland BC) 23. Demi Moore's dancing style in "Striptease" (1996) 24. "Yum-yum!" 25. Hold over 26. Headshakes 28. Gang 30. Art of "The Honeymooners' 31. Fashioned as some skirts 32. Edgar Allan Poe poem 35. Covers the falcon's eves 39. Small amount 42. First three vowels 46. Campground for certain campers, curtly: 2 wds. 50. Singing legend Ms. James' 51. Piano's B key alternatively: letter + wd. 52. "Kathy Griffin: My Life on __-List" 53. Rattling breathing sound 54. Celebrity hairstylist Jose 56. Car 58. Transport for T.O. commuters 59. Literary fairy queen

60. Early-'60s singer

Mr. Donner

(Patronage)

61. 'Client' suffix

62. Scale amts.

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

56. '100 Years...'

Aries March 21 - April 20 Avoid squabbles about money and shared property today, because they quite likely will be nonproductive. Who wants to get involved with this? Not you.

Taurus April 21 - May 21 For most of this day, the Moon is opposite your sign, which means you have to go more than halfway when dealing with others. This simply requires a little patience and co-operation.

II Gemini May 22 - June 21 Do what you can to clean up your act and get better organized today. However, don't be too pushy about it, or you might get into an argument with someone at work.

Cancer June 22 - July 23 Romantic partners will have to be patient with each other today. Likewise, parents will have to be patient with their kids, because there will be moments of tension. Oh dear.

Leo July 24 - Aug. 23 You might want to hide or cocoon at home today. This is just fine. Nevertheless, avoid squabbles with a female family member. Keep a low profile.

Virgo Aug. 24 - Sept. 23 You are highly charged with energy today, especially when dealing with siblings and daily contacts. Remember to listen to others. Take it easy.

Libra Sept. 24 - Oct. 23 You have strong feelings about your money, your cash flow and your possessions today, which is why you might get into an argument with someone.

Scorpio Oct. 24 - Nov. 22 Today the Moon is in your sign, which brings you a little bit of extra good luck. However, this can create arguments with partners and close friends. Stay chill.

Sagittarius Nov. 23 - Dec. 21 You feel restless today. And because you feel restless, you might be mildly short-tempered with someone. Maintain your cool today. (You'll be glad you did.)

Capricorn Dec. 22 - Jan. 20 A conversation with a female acquaintance or friend will be significant today. What you want to do is avoid an argument, because that's no fun. Be cool.

Aquarius Jan. 21 - Feb. 19 Disagreements with bosses and parents might break out at some point today. Don't say anything you will later regret. Be smart.

)-(Pisces

Feb. 20 - March 20 This is an argumentative day for many people, because the Moon is opposite Mars. Don't get sucked in by this. Be your cool, sweet and charming self.

CONCEPTIS SUDOKU by Dave Green

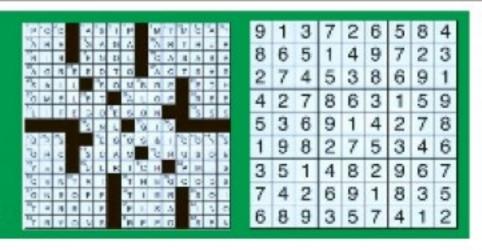
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	6				1		9	

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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